



## JOE VERBANIC 2019 FIVE TOOL SOFTBALL SUMMER CAMPS

**June 24-27, 2019**

**Youth (ages 7-12)**

**July 8-11, 2019**

**High School (Rising 9th-12th)**



**July 15-18, 2019**

**Youth (ages 7-12)**

### Equipment

All campers should bring: bat, helmet, cleats, glove, sunscreen, and a snack/lunch. Lunches can be purchased through the camp for \$7 (price is subject to change). Please ensure campers names are on all their belongings!

### Directions

Directions to the field can be found on [www.gomason.com](http://www.gomason.com). Click on "Athletics" and then "Facilities"

### Accommodations

This is not an "overnight" camp. Players traveling from out of town will be responsible for securing accommodations.

- George Mason Head Coach Joe Verbanic welcomes you to register for this summer's Softball Camps! Camps will focus on the fundamentals of all aspects of the game including proper throwing mechanics, increasing arm strength, defensive fundamentals (IF, OF, pitching & catching), swing mechanics & base running.
- Players of all ability levels are welcome. Campers divided by age & ability level.
- We have assembled a veteran group of coaches experienced in camp instruction & dedicated to helping each camper become a better softball player.

Camps are open to any and all participants within the specified age range.

### Sample Daily Schedule

9:00am: Check in  
9:15am: Stations/Skill instruction  
11:00am: Speaker/Lecture  
11:30am: LUNCH  
12:15pm: Warm up  
12:30pm: Position play/Skill instruction  
1:00pm: Scrimmages  
3:00pm: Pick up

For questions about Joe Verbanic Five Tool Softball Camps  
please contact Justin Walker 703-993-5630 (O)  
419-569-1853 (C)  
[jrosswal@gmu.edu](mailto:jrosswal@gmu.edu)  
George Mason University  
Attn: Justin Walker—Softball  
MS 3A5  
4400 University Drive  
Fairfax, VA 22030

*Joe Verbanic 5 Tool Development Softball Camp  
Registration Form*

**Name:** \_\_\_\_\_ **Contact Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**DOB:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Grad Year:** \_\_\_\_\_ **T-Shirt Size** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **ST:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**High School:** \_\_\_\_\_ **GPA:** \_\_\_\_\_ **SAT:** \_\_\_\_\_ **ACT:** \_\_\_\_\_

**Primary Position:** \_\_\_\_\_ **Secondary Position:** \_\_\_\_\_ **Bats:** \_\_\_\_\_ **Throws:** \_\_\_\_\_

**Club/Travel Team** \_\_\_\_\_ **Coaches Name:** \_\_\_\_\_ **Coaches Contact:** \_\_\_\_\_

**Emergency Contact:** \_\_\_\_\_ **Contact Phone:** \_\_\_\_\_

**Insurance Provider:** \_\_\_\_\_ **Subscriber Name:** \_\_\_\_\_

**Subscriber Number:** \_\_\_\_\_ **Group Number:** \_\_\_\_\_